

PSHE Year 9: KS3

Core Theme 1 – Rights, Responsibilities and British Values (Combatting Extremism and Terrorism)

Half-term 1

1. Extremism
2. What is Terrorism
3. Personal Hygiene
4. British Values
5. Challenging Islamophobia
6. Community cohesion
7. Radicalisation
8. Equality Diversity and stereotyping
9. Racism
10. Black History Month lesson and research
11. Black History Month Research and presentation practice
12. Black History Month Presentations

Core Theme 2/3 – Relationships and Sex Education (Sex, the Law and Consent/ Contraception and STI's)

Half-term 2 and 3

1. Respect, Love and Relationships
2. Self-awareness
3. Challenging homophobia
4. Friendships and online relationships
5. LGBTQ+
6. Sexual consent and the law
7. IAM 2022
8. FGM and the Law
9. Delaying sexual activity
10. STI lesson
11. HIV and AIDS
12. Upskirting
13. Sexual harassment and stalking

Core Theme 4 – Staying Safe Online and Offline (Legal and Illegal Drugs)

Half-term 4

Drugs Education

1. Alcohol Safety
2. Substance misuse
3. Online safety
4. Online gambling
5. County Lines
6. Hate crime
7. Forced Marriage
8. Knife crime – Talk
9. Stop and search
10. The dangers of N2O Nitrous Oxide

Core Theme 5 – Health and Wellbeing (Body Confidence)

Half-term 5

1. Dealing with grief and loss
2. Cancer prevention healthy lifestyle
3. Children’s Mental Health
4. Healthy Eating
5. Body image
6. The importance of sleep
7. Exercise
8. Bullying
9. Risk

Core Theme 6 – Life Beyond School (Essential Life Skills)

Half-term 6

1. From failure to success
2. Saving and managing money
3. Employment and financial management
4. Careers and aspirations
5. Careers and employability
6. Careers and Applications
7. Open city job roles workshop
8. Finance workshop
9. Apprenticeships and Traineeships
10. College and University