

PSHE Year 10: KS4

Core Theme 1 – Rights, Responsibilities and British Values (Exploring British Values)

Half-term 1

1. Critical thinking and fake news
2. Religion Vs Cult
3. Exploring Britishness and British values

Core Theme 3 – Celebrating Diversity and Equality (Exploring World Issues)

Half-term 2

1. Fair Trade
2. Women's rights and equality/harassment and abuse (Ofsted review)
3. #Me too and Times Up Movement
4. Hate crime in the UK
5. Human rights
6. Personal responsibility
7. Black History Month Lesson and Research
8. Black History Month research and Presentation practice
9. Black History Month presentations

Core Theme 3 – Relationships and Sex Education (Warnings, Relationships and Sex Education)

Half-term 3

1. Campaigning against FGM
2. Sexting (YPSI)
3. Domestic Abuse and Domestic Violence
4. Positive relationships and healthy communication
5. LGBTQ+ and standing up for equality
6. Sexual Exploitation, consent and the law
7. STI's and the different types of contraception
8. Pornography
9. Revenge Porn and social media safety

Core Theme 4 – Staying Safe Online and Offline (Violence, Crimes and Seeking Safety)

Half-term 4

1. Honour based violence
2. Online gambling
3. Knife crime
4. Safety in the community
5. Risks
6. Support groups
7. Sending Nudes and the law
8. The dangers of Nitrous oxide
9. Knife Crime – Talk
10. Child Criminal Exploitation
11. Drugs, addiction, the law and support

Core Theme 5 – Health and Wellbeing (Adult Health and looking after yourself)

Half-term 5 & 6

1. Self-Harm
2. Eating Healthy
3. Mental Health, Depression and Anxiety
4. Eating Healthy and cholesterol
5. Body Image, Appearance ideals and social media

Core theme – Life beyond school (Rights and Responsibilities)

Half-term 6

1. Targeted advertising and your data
2. Employment rights
3. Exploring a payslip
4. Financial capability