

PSHE Year 11: KS4

Core Theme 1 – Rights, Responsibilities and British Values (Exploring British Values)

Half-term 1

1. Critical thinking and fake news
2. What is a cult?
3. Exploring Britishness and British values
4. Fair Trade

Core Theme 4 – Staying Safe Online and Offline (Staying Safe)

Term 1

1. Screen addiction and studying
2. Dealing with exam stress and anxiety
3. Substance addiction
4. Online reputation and digital footprints

Core Theme 3 – Relationships and Sex Education (Sexual Health Unit)

Half-term 2

1. Child on Child bullying
2. Respect and relationships
3. Alcohol and bad choices
4. Importance of sexual health
5. Revisiting STIs

Core Theme 6 – Life Beyond School (Your Future and Beyond)

Term 3

1. CV Writing
2. Writing a personal statement

Core Theme 5 – Health and Wellbeing (Adult Health and Looking after Yourself)

Optional Lessons Term 3

1. Organ donation and blood donation
2. Teenage pregnancy choice
3. Abortion Laws, morals and ethics
4. Testicular + prostate cancer
5. Cervical, breast, and ovarian cancer
6. Parenthood
7. Love and abuse are not the same